



La Vie Collegienne

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THIS WEEK IN LA VIE

SPORTS



Ice Hockey starts the year with a perfect season

Page 8

PERSPECTIVES

LVC fans of Katy Perry respond to our review of her latest album in a Letter to the Editors

Page 6

A&E



Murders and mysteries are abound in Wig and Buckle's latest production, *And Then There Were None*

Page 5

INDEX

News	1-3
Features	4
Arts & Entertainment	5
Perspectives.....	6
Sports.....	7-8

Dining Services responds to student concerns

BILL ALLMAN
LA VIE GUEST WRITER

It's hard to believe that we are all ready nine weeks into the fall semester. My name is Bill Allman, and I am the general manager for the LVC Dining Services Team and Metz and Associates, Ltd. I wanted to take this opportunity to share with you who we are as a department and highlight some of the great work our team has been providing for you.

First, I want to start with introducing our Dining Leadership Team: Our Executive Chef, Richard Watson; Conference and Catering Services Manager, Stacy Stroup; Service Manager, Rachel Burns; Sous Chef, John Hopewell; AM Supervisor, Deb Finkbiner; AM Service Supervisor, Jolene Wilson; PM Service Supervisor, Amy Hartman, administrative assistant for

Dining Services and Kym Lebo, administrative assistant for Catering and Conference Services. I am extremely grateful for the effort and energy these fine folks put into their jobs each day to assure the 3,000 plus meals a day we serve meet our high standards of quality in food and service.

Our Dining Services Team is comprised of 106 team members; 26 of them being LVC Students! That is almost 25% of our team! To build a strong team, you have to have a strong foundation, and we have worked hard at training to make our foundation strong. To explain who we are as a "Team," we need to begin with our team motto: "Play Like a Champion Today." When you walk around our kitchen and work areas you will see our motto in strategic places. Being the diehard Penn State fan that I am, you might say

this is sacrilegious, but the motto makes such a powerful statement to me. "Play Like a Champion Today" to our team means:



Photo by Cody Shepp '12 / LA VIE

Believe in yourself, as half of doing is the belief that you can.

Do your best, as giving it all you See **UPDATES** | Page 2

Spooky sightings: Is Humanities haunted?

JAKE KING '11
CIRCULATION MANAGER

As far as we can tell, nobody has ever died in the Humanities Building.

There have been several unfortunate and very tragic events which have claimed the lives of people on and around LVC campus over the years, but so far, the unmistakable yellow-bricked centerpiece of the Academic Quad has gone without any incidents of untimely death.

And while that may be a reassuring thought, it does not dispel a string of strange events observed by people inside the building, centering around theories of a "ghost" that lives in Humanities.

The most peculiar of the more recent happenings involved Wendy



Photo by Cody Shepp '12 / LA VIE

Carfagno, assistant to the president, and Mary Fisher, assistant to the vice president for academic affairs and dean of the faculty. Carfagno and Fisher both work in the President's Office and recently witnessed a box

move unassisted from the center of the coffee table situated between their desks, falling off the edge and onto the floor.

"Wendy was at her desk, I was at my desk, and we just looked over

and this box was being pushed and went right down on the floor," Fisher said, laughing as she re-created the incident with hand gestures. "And we looked at each other and just sort of went 'Did you see what just happened?'"

However, strange happenings in Humanities are nothing new. Fisher recounted two separate occasions when she worked in the Administration Office (which at the time was connected to the payroll office). In the first, Fisher claimed to have heard a file drawer open in the vacant office next door and, upon investigating, found everything to be completely untouched. The second incident, also in the vacant payroll office, was the sound of someone unwrapping

See **GHOST** | Page 3



NEWS

UPDATES: General Manager reports on LVC dining updates

Continued from Page 1

have makes it all worthwhile and you will have no excuses in the end.

Learn something, as the most important part of making a mistake is how they make you better in the end.

Have fun, as if you don't have passion and enjoy what you are doing at work then your personal life will suffer as well.

In my eyes, our dining team has certainly bought into our team motto.

Being a part of any team, there has to be a "scoreboard," and one of them for us is the comment cards. Of course, good constructive criticism is appreciated as it helps us improve our services to you. Those who read them can see that our team has faced many challenges together this semester. A "winning score" for us is having fewer comments on the board. All of our dining team members read the comment cards and we take your comments very seriously. We try to address all comments that are done tactfully. Areas that your comments have helped us improve are keeping the beverage lines filled with product, improved boxed lunch accuracy and increased menu choices from all of the great recommendations we have received from you.

One area that has been a big issue has been the change in hours at The Underground. Now that the "Dutchmen Den" has opened

in the evenings, this has helped the Underground concerns for Monday to Friday. To address the weekend issue, we will now open Mund Dining Room until 2:30 p.m. on Saturday and Sunday. In addition, you can still call a meal in to the kitchen between 2:30 p.m. and 4:00 p.m. if the hours don't meet your schedule. Also, don't forget that the Dutchmen Den is open from 7:00 p.m. to midnight on Saturday and Sunday. If you haven't been there yet, we offer the top 200 college c-store items, fresh baked sub rolls for our "heros" and 10 different freshly prepared healthy smoothies!

A common theme from many of the comment cards—which is erroneous—is the misunderstanding that the food we prepare for you is all processed. This couldn't be farther from the truth. In matter of fact, there are very few processed menu items that we serve. Ironically, chicken patties and chicken tenders are among two processed items that we do serve. The rest of our food is prepared from scratch ingredients by our talented group of chefs and cooks. We even pat our own hamburgers for you from fresh ground beef and then charbroil them to perfection.

In addition, most of our vegetables are fresh and are bought local when available. All of our soups are prepared from scratch and our pizza is as well, as we even make our own dough and spin it to make the per-

fect pizza for you!

We have developed a new "scoreboard" to help encourage our team members. The "hospitality" Rewards boards in the East and West dining rooms have been implemented to reward our team members who go above and beyond in making your day special. Please fill out a "Hospitality" Rewards card thoroughly when one of our team members does something special in creating that "Wow" moment with you. This happens every day,

but going above and beyond is so often taken for granted. We are here to serve you of course, but by helping to let us know these special moments, we can give credit to our deserving team members. Please take a couple minutes to let them know that you appreciate that little something extra. By having the courage to do so, it will result in a reward for you as well.

We work closely with our school food service committee. The students representing your food service needs are Sarah Fritz, Erik Romeo, Logan Kurtek, Charlie Johnson and from student government, Mike Mellon and Food Committee Chairman, Brad Snyder. The food committee's goal is to meet student concerns whenever possible. We meet every two weeks as a group. Mike Mellon, Brad Snyder and I meet weekly to stay on top of concerns. We address all areas that are brought to our attention and come up with solutions together. Some of the solutions we have come up with together are: two ketchup dispensers in the East Dining Room, 12-ounce coffee cups and flavored coffee creamers at the coffee station, salad greens other than iceberg on the salad bar, grilled

chicken more frequently, line separators in the Underground, more simple plain hot vegetables and less mixed blends, accurately displaying Vegetarian, Vegan and Gluten-free symbols on our menu items and a microwave in the West Dining Room. Currently, we are working on healthy food choices for future menus. Bring suggestions to members of the food service committee.

We have had a lot of fun this semester, with the "Name the C-Store" contest and the Oktoberfest food show, among others. In November, we will be holding "The Ultimate Chef" Competition where students have the opportunity to be the LVC Ultimate Chef.

Finally, there are two more "Scoreboards" that we will be looking to in the near future. A "mystery shopper" program will be started this month with students, faculty, administration and an outside agency scoring us in different service areas. Then in mid-November, look for the student food service survey. The results from these surveys will be used to help develop training areas for our team to focus on improvement. Please feel free to share your concerns with us at our dining offices in between the beverage areas in the East Dining Room. We are here to make your dining experience enjoyable and our dining team members will continue to "Play Like a Champion" in doing so!

“A common theme...is the misunderstanding that the food we prepare for you is all processed. This couldn't be farther from the truth.”

BILL ALLMAN
General Manager of METZ

R.A.D. training offers college women defense for a lifetime

KATIE ZWIEBEL '12
CO-EDITOR

According to the Rape Abuse & Incest National Network, the nation's largest anti-sexual violence organization, "1 in 6 women and 1 in 33 men will be a victim of sexual assault in their lifetime. College age women are 4 times more likely to be sexually assaulted."

These statistics are shocking, yet only eight female students from the Lebanon Valley Campus are taking the time to learn strategies and skills in this free four-week course.

The Rape Aggression Defense program, also known as R.A.D., is a system of defense for women. The program has recently been revitalized on the campus after 12 years. According Al Yingst, director of Public Safety, the R.A.D. program

was very popular and successful in the past, gaining press coverage on local television stations and in local newspapers.

While the program was lost in the past from a lack of instructors, Public Safety Officers Brian Boyer and Laura Latchford hope to bring the program to life on campus once again. This past spring and early summer, Boyer and Latchford attended training sessions to become qualified to teach the R.A.D. course here at Lebanon Valley College.

Boyer and Latchford are currently teaching the program on Tuesday evenings from 6 p.m. to 9 p.m. The 11-hour total program has been designed to teach female students basic self-defense and techniques through a hands-on approach. Officer Boyer describes the program as "the best self-defense

program for women. The entire course is designed for women, which includes everything from the stance to the striking motions (e.g. regardless of height, a woman's center of gravity is lower than a man's, which plays an important role in the delivery and force of each technique)."

During the first course, Officer Boyer stressed the importance of safety to college students from a unique perspective. Currently, Boyer works for the state of Pennsylvania serving arrest warrants. When he arrives at LVC, vivid thoughts from his encounters earlier that day are still fresh in his mind. During a brief interview, Boyer expressed his interest in the program through his personal experiences. "As I walk the campus and talk with the students, I cannot help but want to

educate them in an effort to keep them from becoming a victim. Whether it's during the summer or 10 years after graduation, I feel that the RAD program could help a student defend herself and not become a victim," said Officer Boyer.

The R.A.D. system, a nationally known self-defense program for women, is designed for those who are willing to consider self defense as a viable option in time of crisis. The program was founded in 1989 and changed approximately eight times over the years. The R.A.D. program is the only self-defense program ever endorsed by the International Association of Campus Law Enforcement.

While the program is currently closed for admission, the Public Safety office hopes to see the program return in the spring with

more participants.

Please see the Perspectives Page during the next few weeks as Katie Zwiebel '12 and Emily Gertenbach '11 report on their experiences.

K. ZWIEBEL

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Corrections & Clarifications

It is our continuing goal to provide readers with complete and accurate information. To that end, we welcome and encourage notification of any mistakes. Readers who wish to submit corrections should send an email to lavie@lvc.edu, subject line: *Corrections*.

NEWS



CAMPUS

CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

10-5-10 | Campus

Theft

There was a theft of Physic Lab equipment.

10-14-10 | Campus

Theft

There was a theft of 1/2 a roll of stamps.

10-17-10 | Campus

Disturbance

There was a verbal fight among parents.

10-17-10 | Campus

Emergency Assistance

Public Safety was called to assist with an intoxicated student.

10-18-10 | Campus

Emergency Assistance

Public Safety was called to assist a student with a broken wrist.

Please report any suspicious activity to Public Safety at x6111.

Student Government

Update: 10.25.10

New clubs announced, football seating discussed

ABBY TOMLINSON '12

KEVIN GARRITY '13

LA VIE STAFF WRITERS

This week's Student Government meeting was dedicated to the numerous applicants for full-club status. Full-club status, besides making each club official on campus, gives the organization the opportunity to be funded and become an integral part of the LVC campus community.

Ryan Humphries '11, Student Government club liaison, is in charge of facilitating each club's acceptance into the student body. The meeting covered HALT, Active Minds, LVC MiniThon, Tom's Shoes and Community Dutchmen. Each club was awarded full-club status by a unanimous vote. Next week, Dance Team and LVC ASD will state their claims. Updates next week.

The lack of seating during LVC football games was also discussed.

Over homecoming weekend, there were numerous complaints that the field crew and LVC itself did not provide adequate seating for the amount of attendees. Ashten O'Brien '11, president, will be meeting with Lebanon Valley College President, Dr. Stephen C. MacDonald, later this week.

Winter Formal is in full swing. Mike Mellon '13, president of class, stated that the committee is ahead of schedule in all aspects. Invitations will be in mailboxes in two weeks and tables will be ready for sign-ups in less than a month.

Construction of the Mund College Center will be pushed back until Monday, Nov. 1. The parking behind the College Center will be available until that Monday so utilize it while you can. Upon that date, alternative parking will be spread around campus.

A. TOMLINSON
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GHOST: Time to call in the Ghostbusters

Continued from Page 1

a piece of candy from the bowl of sweets kept there and again, everything was left untouched.

And Carfagno and Fisher aren't the only ones who have reported unexplainable events. Other assorted incidents include doors opening and closing without any apparent assistance and sounds of children playing in the stairwell while the building was otherwise empty and students were on break.

However, as to whether these strange happenings are the work of the paranormal or simply the quirks of an old building, who can say? Dr. Kevin Pry, associate professor of English, has spent a great deal of time gathering the ghost lore of LVC and conducts the annual "ghost walk" highlighting the places, people, and events that have inspired the college's paranormal legends.

According to Pry, the story which most closely aligns with the events described by Carfagno and Fisher is often called the "long-haired girl."

"The long-haired girl is something that until recently has pretty much been witnessed only by the cleaning ladies. It's usually right in the morning when they're coming on duty, which is about 6 a.m. They describe it as a sort of 'corner of the eye' effect where they see a girl walk by [in the peripheral vision]," Pry said. "The reason they call it the long haired girl comes from the second level of how they see it. First of all, they see the 'corner of the eye' event. The second part is that they'll feel like somebody is in the room, they look around, and there's nobody there. But then they look into windows, the glass in pictures, or mirrors in the restrooms and there's a girl's face right next to them. And when they turn, there's

nobody there."

The facilities staff has, as Pry suggests, seen many of the phenomena described, and also has seen objects moved inexplicably on several occasions, similar to the scenario described by Fisher and Carfagno. Dr. Pry originally collected the "long-haired girl" story from Dart Yordy of Facilities Services, who has seen multiple strange incidents while cleaning Humanities early in the morning.

Yordy recounted one incident, which resembles the "corner of the eye" phenomenon described by Pry.

"I was on the third floor cleaning desk tops when I saw a silhouette in the hallway. I thought it was Dr. Scott since he comes in early, but when I looked, there was nobody there," Yordy said.

However, in another instance several years ago while taking out the trash in the benefits and payroll office, Yordy looked up into a picture frame and claims she saw the "long-haired girl" in the reflection behind her. When she turned, however, the room was empty. And in another instance, a bowl of Hershey's Kisses was inexplicably moved from a desk to sit in front of the doorway of the office she was working in.

In the spirit of journalism and to attempt to sight the "long-haired girl," a *La Vie* staff writer was sent into the Humanities building for an evening in an attempt to locate the "ghost," but all attempts to reach him/her/it failed.

And ultimately, whether or not there is really a ghost in Humanities falls to personal beliefs. Pry himself says that he is "not really a believer," preferring instead to collect the stories and to tell them as part of the rich

history of the college. LVC has many ghost legends, and the Humanities building alone is host to two stories, the "long-haired girl" and the sound of the so-called "phantom basketball game" which is occasionally reported coming from the mailroom at 2 a.m. on foggy mornings (the mailroom was once the sight of an old gymnasium, before the building that Humanities eventually replaced was destroyed in a fire).

According to Pry, many of these stories, while they do seem to carry a certain degree of consistency in terms of how the phenomena are experienced, lack a direct link to a particular tragic event (the "inciting incident") or are somehow disconnected and transposed from the circumstances surrounding an actual event (i.e. the location of an actual death and the sighting of the "ghost" linked with that incident can be in two completely different locations).

But whether or not one of Casper's cousins is roaming the halls of such a historic landmark, one thing remains certain: It makes for a conversation piece that will last as long as there are people to tell it.

"There are multiple ways to tell a ghost story," explained Dr. Pry. "The first is to dress up in costumes and make faces. The other is a technique I learned in England, to just tell the story. Don't embellish it, don't make it scary, and don't do funny voices. Even tell the story skeptically; just go, 'This is what happened, this is what people say they see, this is what people say it may have been, and this is what else it might have been. We just can't explain why it happens.'"

J.KING

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Class hosts Lebanon zombie walk

JAKE KING '11

LA VIE STAFF WRITER

Dr. Laura Eldred's ENG 390-01 "Zombies" class, in conjunction with the Lebanon Council for the Arts, will be hosting "A Walk to Dismember," a zombie walk through Lebanon, on Friday Nov. 5. Participants will dress up as zombies and lurch, crawl, lope, etc. from the Lebanon Farmer's Market beginning at 7:30 p.m. along a planned route to the Lebanon YMCA, where the walk will end at approximately 8:00 p.m. The public is welcome to at-

tend, but registration is required. Two registration booths will be available at the Farmer's Market and the Art Council buildings beginning at 5:00 p.m. A minimum donation of \$2.00 or a canned good will cover the registration fee (donations benefit Lebanon County Christian Ministries), and another \$2.00 will buy some basic zombie makeup, also available at the registration booths. Any participants under 15 years of age must be accompanied by an adult. The walk also runs in conjunction with the First Friday Lebanon Arts Walk, so participating

zombies are free to explore arts walk venues around the area before the event starts.

After the walk ends, participants are invited to stop by the Zombie Ball, held at the Lebanon YMCA from 8:00 p.m. to 10:00 p.m. Entry charge is \$5 and will feature live music by local band Letters for Lovers and the crowning of the Zombie King and Queen for best costumes. Please contact Dr. Laura Eldred (eldred@lvc.edu) with any questions.

J.KING

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Features

Creative costumes Last-minute ideas for Halloween



You will need:

Tye-dye shirt
Rolled up, holey jeans

No shoes
Aviators

Bandana
Peace signs

Laid-back attitude

HIPPY

BARBIE

You will need:

Pink Dress
High heel shoes
Large purse

Pink lipstick
Sun glasses
Large hoop earring

Pink blush
Blonde wig

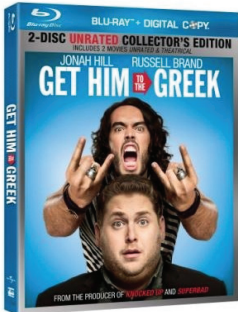


Photo by Tony Gorick '11 / LA VIE

COSTUME CONTEST AT THE UG



Psi Chi will be holding a costume contest this weekend during the UG dance. Come in your best costume to sign up to have your picture taken and enter for a chance to win a variety of prizes! Participants can enter one of four contests: Funniest, Most Original, Scariest, or the chance to be First, Second or Third. Voting will take place during lunch and dinner the following week (November 1st - 5th). The students who receive the most money in their buckets for the various contests will win! Prizes are as follows: Funniest - "Get Him to the Greek" DVD and \$15 iTunes gift card; Most Original - \$25 gift certificate to Chili's; Scariest - Killers DVD and \$10 Burger King gift card; First place - \$50 Walmart, Second place - \$20 Walmart, Third place - \$10 Walmart gift cards. Don't forget to bring your spare change to lunch and dinner the week of November 1st!



Stylish boots ward off the rain

A trend has been flooding college campuses in the past few years. As the rain pours, students find themselves favoring high, rubber rain boots to sport in wet conditions. The pictures below are a sample of some of the stylish designs LVC students have been wearing.



Photo by Stephanie Mannon '11

Arts & Entertainment

The mystery unfolds at Leedy

TONY GORICK '11
A&E EDITOR

Murder, lies, deceit—all in a living room of a house on Soldier Island, off the coast of Devon, England.

Cue the suffocating excitement and mysterious intensity throughout Wig and Buckle's fall play *And Then There Were None*. As an audience member, I was at the edge of my seat, participating in this wonderfully crafted take on Agatha Christie's murder mystery and kept guessing about the conclusion until the very end.

The play begins with a married couple—Rogers (Brian Stefaniak '11) and Mrs. Rogers (Rosemary Bucher '14)—preparing to welcome guests to an island mansion. Yet the reason for the festivities are somewhat vague and very little is known about the anticipated gathering. Fred Naracott (Joseph Chubb '14) captains the boat that is responsible for transporting people to the secluded island, bringing with him the likes of Vera Claythorne (Alyssa Bender '11), Philip Lombard (Sean Deffley '11), Anthony Marston (Adam Abruzzo '12), William Blore (Matt Smith '12), General

MacKenzie (Corey Greene '13), Emily Brent (Charelle Bryant '14), Sir Lawrence Wargrave (Eric Mansilla '12), and Dr. Armstrong

the wall that has a strange correlation to events happening around them, a certain fear is discovered and continues to fester until the re-

believable, way. The genuine fabric of the story was successfully channeled through all on stage—a trait that grabbed the audience until the final curtain.

In addition, the pace continually grew and captured my attention with each new character revelation, mysterious murder or crucial turning point. There wasn't ever a moment where I felt like the story stalled or when I didn't feel like I was also sitting in that same living room deciphering the oddities of the characters on stage.

And Then There Were None bodes a menacing end for the ten people marooned at Soldier Island, but it sure provides those watching a stunning

opportunity to delve into the intricacies of deceit, wonderment, and—ultimately—a murder mystery that keeps you guessing until the end.

And Then There Were None concludes this coming weekend with shows on Friday and Saturday at 8 p.m. and a show on Sunday at 2 p.m. and also with an extra show on Saturday, Nov. 6 at 2:30 p.m. LVC student tickets are free and you can reserve them at www.wigandbuckle.com or call the box office at (717)-867-6162.

T. GORICK

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Photos courtesy of Wig and Buckle

MURDEROUS MYSTERY Clockwise from left, Sir Lawrence Wargrave (Eric Mansilla '12), William Blore (Matt Smith '12), and General MacKenzie (Corey Greene '13) try to discover answers as Emily Brent (Charelle Bryant '14) and Vera Claythorne (Alyssa Bender '11) continue to become suspicious of those around them



(Nathan Campbell '11). The shiftiness of each character is brilliantly portrayed, making it harder to decipher the motives when trying to answer all the questions that were racing through my mind.

After all the individuals became situated in the house and acquainted, the seemingly normal gathering took a radical turn as a voice rips into the living room, complete with murderous accusations aimed at all those present. Then, after one of the guests suddenly dies, nobody feels safe in the daunting house populated by strangers. As the group notices a nursery rhyme on

sounding climax.

That's the beginning of a captivating ride through doubt, deception, trust and a smart adventure swirling with suspicious undertones.

And without giving up the end, I will admit it was well worth the ride.

The cast chemistry is spectacular; because the dialogue and stage direction are so woven and fast paced it would be impossible to pull something off of this magnitude without a solid group of dedicated individuals. Each character was developed instantly and back stories, attitudes and motives were all conveyed in a realistic, and quite

Interview with the director:
Jamie Latshaw '11

Q What was the most exciting aspects while putting on this production?

A "The most exciting thing about this production is the murder-mystery element to the story. There's so much room for creativity in misguiding the audience into believing that the murderer is someone who it's not. That type of suspense is fun and exciting and to be able to instill that in the audience members was a wonderful opportunity I had while directing this show."

Q Now that opening night is over, how do you feel about the finished product?

A "I am ecstatic to finally be able to share this show with other people. Opening Weekend was a great success with a huge turnout. We're hoping that the word of mouth will continue to spread and more people will come out this weekend. I am entirely proud of the cast and the crew who brought this show to life and hearing all the great reviews from people makes me even prouder."

Health colloquium discussion focuses on tough issue

ALYSSA SWEIGART '12
SENIOR COPY EDITOR

As part of the ongoing LVC Health Colloquium and the first Hispanic Heritage Month at LVC, on Thursday, Oct. 21 at 11:00 a.m. in the Zimmerman Recital Hall, guest speaker Dr. Iris Lopez, author of *Matters of Choice: Puerto Rican Women's Struggle for Reproductive Freedom*, discussed her studies and her model of reproductive freedom that considers reproductive rights within a feminist, anthropological context. The discussion was co-sponsored by LVC's

multicultural affairs division and was led by Lopez and Dr. Ivette Guzman-Zavala, assistant professor of Spanish at LVC.

Lopez is a sociology professor and the co-director of the program in Latin America and Latino studies at the City College of New York in New York City. She completed her bachelor's degree in literature at New York University in 1975 and earned her master's and Ph.D. in anthropology at Columbia University in 1980 and 1985. She is an expert in Latino gender and educational issues, prenatal care and sterilization abuse. Her research focuses on Puerto Ricans in the

U.S., gender issues and the education of Latino youth.

Most of the discussion focused on sterilization in Puerto Rico, specifically tubal ligation, which is when a woman's fallopian tubes are surgically tied or cut as a form of birth control. Lopez argues that Puerto Rican women are not exercising full reproductive freedom because of their lack of knowledge.

Lopez became interested in women's struggle for reproductive freedom when she was a graduate student at Columbia. She went to Puerto Rico to study the careers of women and found that many

of the women she talked to had been sterilized. Some wanted to get sterilized; some were forced into it. Lopez took what she found and further investigated sterilization in her own neighborhood in New York City.

Lopez conducted her study from 1981 to 2005. During this time, Lopez interviewed 120 women in Brooklyn, N. Y. and found that many of them had been sterilized for various reasons from poverty to already having too many children. In the United States, Hispanic women have the highest rates of sterilization, and Lopez found that 47 percent of

Puerto Rican women aged 21 and older were sterilized.

The discussion opened the eyes of Eileen Beazley '11. "It was really enlightening. The statistics that she gave—I had no idea sterilization was such an issue or so widespread. I knew that they sterilized mentally ill people in the U.S. and Europe, but I didn't realize it extended to Puerto Rico or the extent to which it spread. It was basically the only option for women searching for birth control."

A. SWEIGART

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PERSPECTIVES

Valley's Voices

What is your impression of the Dutchmen Den?

Letters to the Editor

La Vie Collegienne requires all submissions to contain the author's name, telephone number, address and/or e-mail address. No letters can be considered for publication unless the above criteria are met.

Telephone numbers and addresses will not be printed. Submissions will be strongly considered for publication if they contain the author's rank, major, or professional capacity.

Letters should be no longer than 200 words. All submissions to "Perspectives" become property of *La Vie Collegienne*. *La Vie* reserves the right to edit submissions for space or for content that is vague, repetitive, libelous, or profane. It is not *La Vie's* responsibility to check for factual inaccuracies within submissions. The editor will have the final determination concerning such matters.

Letters, columns, and opinion-based articles are not necessarily representative of *La Vie's* opinion or Lebanon Valley College.

Submissions may be e-mailed to lavie@lvc.edu, hand-delivered to our Mund office, or mailed to the address below.



Sherea Jones '11
Digital Communications Major

"It's ok right now, but it's not as convenient as it could be because of the hours. Also, they should have hot food options."



Mike Schmidt '11
ACS Chemistry Major

"They have a pretty good selection, and the prices are reasonable for some things. I like the hours, they are convenient. It's a little bit of a walk for me but it's worth it."



Stephanie Hulme '12
Psychology Major

"I like the products but I don't think it's very convenient with the hours it's open."



Kevin Garrity '12
Digital Communications Major

"It's good now, but it will only get better in time. Also, I think they need more milk."

Compiled by Sarah Barkman '12
seb005@lvc.edu

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La Vie

Recruit for your student organization. Sell your old junk... or that ugly sweater from your grandmother. Say hi to your lover. (Maybe not that last part.)

laviebusiness@lvc.edu

La Vie Collegienne

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Campus Extension 6169 or lavie@lvc.edu

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Matthew Garber '11

ADVISER
Robert E. Vucic

La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 6 p.m. in our Mund office, activities room #3. We're always looking for new writers!

Letter to the Editors

On behalf of ten-year-old girls everywhere, we wish to express our disappointment with Ryan Cagno's review of Katy Perry's "Teenage Dream" in the Sept. 29 issue of *La Vie Collegienne*.

Mr. Cagno's snide, pompous article was out of place in your fine periodical. True, Perry's music is not particularly sophisticated – musically, emotionally or in any other sense. But depth and sophistication have never really been the hallmarks of pop/rock. Unsubtle sexual innuendo, however, *has* historically been one of the thrusts of pop music. If Mr. Cagno is scandalized by the innuendo in some of Perry's songs, we can only hope that he never has the opportunity to see a performance by Elvis Presley or Madonna or to hear the Who's "Squeezebox," Led Zeppelin's "Whole Lotta Love" or Whitesnake's "Slide It In." Bubblegum pop like Perry's is about being a teenager and everything that entails – yes, even drinking and "fooling around." To dismiss that as "brain dead" is to deny that there's still a teenage dreamer in all of us.

Sincerely,

LVC Fans of Katy Perry

Rape aggression defense training
A student's perspective

Emily Gertenbach '11
La Vie Staff Writer

In my high school, I had a short self-defense course... which I forgot over the years.

Then I thought maybe I'd take a self-defense class before going to study abroad in London... eh, I never got around to it.

Yet a recent flyer in a stairwell attracted my attention—LVC, through Public Safety, was offering a Rape Aggression Defense (RAD) class. Comprised of only a few weekly meetings, it seemed like it would be a good way for me to learn how to kick some butt, should the need arise. I had some doubts about my ability due to my rather small stature, but decided to sign up anyway.

A few minutes into the first class, Officers Bryan Boyer and Laura Latchford put my qualms about my size to rest, explaining that size and gender had no bearing on how well a person is able

to put off a possible attacker and defend themselves or escape.

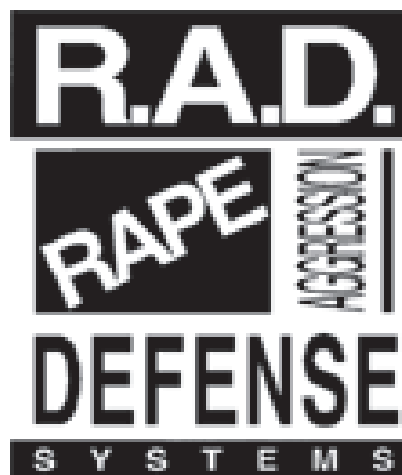
The RAD program is not so much a way to "kick some attacker butt" but rather a way to protect yourself preemptively,

film doing so.

The officers also went over Pennsylvania laws regarding sexual harassment, assault, rape and self-defense, which provided a good basis for us to be able to decide when it would be appropriate in life to use the techniques from the RAD course.

The officers had stressed the feasibility of the tactics for any person of any size, and that it was perfectly acceptable to feel the need to defend one's self when in any uncomfortable situation, pending that one acts appropriately to the level of interaction.

Though there was no physical interaction or practice during the first class, I left feeling like I already had a heightened sense of security in my surroundings just by knowing that with the right knowledge, I am able to defend myself despite my size.



and, if needed, actively. Officers Boyer and Latchford outlined the next few weeks' worth of lessons and showed some YouTube clip examples of women explaining how they defended themselves or were actively caught on

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SPORTS

Success on ice

LAUREN SCOTT '12
SPORTS EDITOR

The Dutchmen Ice Hockey team stepped back on the ice on October 8 as the team faced Muhlenberg College in its first game of the season. The Dutchmen scored three early in the game, thanks to Colin Thompson '11 and Kyle Stewardson '12, who added two and one respectively.

In the second period, the Mules not only tied the game, but lead 4-3, but a trio of goals in the third period by Matt Kisiday '12, Nick Schultz '14 and Matt Conroy '12 put the Dutchmen ahead and gave them a 6-4 win.

Corey Conte '12 marked three assists in the game while Tyler Skroski '14, Shaun Stamm '12, and Timothy Bodenheimer '12 each marked one.

Rich Drazin '11 recorded 27 saves in the win.

On October 16, the team hosted SUNY Cortland at the Hersheypark Arena. Cortland scored early, knocking one in 34 seconds into the game, but LVC came back to score seven unanswered in the first two periods.

Schultz and Shane Golden '14 led LVC in scoring as the freshman duo each recorded hat tricks. Schultz also recorded four assists in the game.

Brad Surdam scored in the first period before LVC extended their lead with goals by Stamm and another by Schultz and two more by Golden, securing his hat trick. Conroy added a goal in the third while Schultz completed his hat trick.

Drazin recorded 24 saves.

On October 22, LVC improved to 3-0 as the team held off Towson in a 6-4 home victory.

Leaders of the game included Surdam, with on goal and three assists; Schultz, with two goals; Golden, with a goal and an assist; and Stamm, with one goal. Kisiday also scored on an empty net with 56 seconds remaining.

Drazin picked up the win, making 31 saves in the game.

On Sunday, the Dutchmen defended their undefeated record as they traveled to Penn State Berks.

LVC led 3-0 at the end of the first, but Berks knocked in two before Conroy converted on a penalty shot.

Nick Averona '11 scored his first of the season while Surdam, Stewardson, Tyler Skroski '14, and Stamm recorded assists.

Drazin recorded 26 saves in the fourth win of the season.

The Dutchmen will step back on the ice against Kutztown on Friday, Oct. 29 at 7 p.m. in Hershey.

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Field hockey bounces in ranking

ALYSSA WARGO '11
TABITHA BROBST '11
LA VIE STAFF WRITERS

For the first time in a decade, the LVC Field Hockey Team reached number one in the nation. The decision came on Tuesday, Oct. 19 when the National Field Hockey Coaches Association for Division III placed the Dutchmen at No. 1, after earning 847 votes and 22 first-place nods.

"It feels awesome being No. 1 in the nation. We worked so hard to achieve this accomplishment," declared Captain Rachel Pantalone '11.

This ranking would not have been possible without having the nation's top-ranked offense this season, including the national leader in goals, Jocelyn Novak '12, and the national leader in assists, Caitlin Vasey '13. Vasey has a total of 35 assists in two seasons. Standout Novak became the sixth player in D-III history to reach 100 goals on Saturday, marking her career points at 212.

"I am very excited that I reached the goals that I did this year. I could never have done it without the team helping me all the way through. I didn't even know that I was as close as I was to breaking those records, and when I did, I was finally proud

of myself for accomplishing something like that. My goals for next year are to just do my best and try to keep climbing the ladder that I have been," said Novak.

In addition to LVC's improved ranking, Messiah College also moved up to the No. 2 spot, creating a highly anticipated No. 1 versus No. 2 match up on Wednesday.

At the start of the first half, LVC controlled the field, having two shots on goal in the first five minutes and the first goal at 12:21 by Novak. As the half continued, LVC regrettably gave Messiah eight penalty corners, allowing Messiah to acquire five shots on goal in the first. By the end of the first half, LVC only gained one more shot on goal.

In the second half Messiah tied the game in fifteen minutes. But LVC remained focused and Cait Eckenrode '11 scored her third goal of the season at 54:42 to give LVC the lead once again. However, the excitement would be interrupted when Messiah's Brooke Sands scored a goal to tie the game a minute after Eckenrode's goal. By the end of the second half, LVC had eight total shots, three of which were shots on goal.

With a score of 2-2 at the end of the second half, the game went into

sudden death overtime, allowing only seven players to work hard to try to get the winning goal. However, in only seven minutes, Messiah devastated LVC's week at No. 1 when Kourtney Ehly scored the winning goal.

"With Messiah, it is always a hard-fought game. We need to keep playing and stay focused on the goals we have set as a team. We can't dwell on one lost but instead continue to get better day by day. We will continue to work on all aspects of our game, so we are able to achieve our highest goals," said Pantalone.

Although the game was a heart-breaker, the team is focusing on conference play and nationals, where they will meet Messiah again. Next time, they will be more determined than ever to beat the Falcons.

LVC Field Hockey has only one more regular season game left against Widener this Friday. Following regular season play, LVC will enter Commonwealth Conference Finals and then will be off to nationals. Highlights of the game against Messiah can be seen on <http://lavieonline.lvc.edu>.

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Schedule

Wednesday 10/27

Men's Soccer vs. Messiah, 3 p.m.

Volleyball @ Elizabethtown, 7 p.m.

Friday 10/29

Field Hockey @ Widener, 4 p.m.

Ice Hockey vs. Kutztown, 7 p.m.

Saturday, 10/9

Women's Soccer vs. Widener, 12 p.m.

Men's Swimming @ Arcadia, 1 p.m.

Women's Swimming @ Arcadia, 1 p.m.

Football vs. Widener, 1 p.m.

Men's Soccer vs. Widener, 3 p.m. - Senior Day

Field Hockey @ Shenandoah, 1 p.m.

Men's Cross Country @ MAC Championships, TBA

Women's Cross Country @ MAC Championships, TBA

Football passes Monarchs

DAN CALLAHAN '14
LA VIE STAFF WRITER

The Dutchmen of Lebanon Valley College improved their record to 3-4 (2-2 in MAC play) this past Saturday in Wilkes-Barre, holding off the winless Monarchs of King's College, 21-19.

King's started the game with a 26-yard field goal on the Monarch's first possession. Both squads gained a considerable amount of yardage, but only LVC could capitalize with a first-half TD. Ben Guiles '12 punched in a 1-yard rushing touchdown after a 39-yard drive led by big gains by sophomore tailback Pete Panichi. The extra point was blocked, so LVC led by only three. King's then responded after an LVC turnover with another field goal, knotting it up at six.

At the start of the second quarter, King's College posted a 14-play, 50-yard drive down inside the red zone. LVC's defense stood strong yet again, limiting them to a field goal. With the clock winding down in the half, the Dutchmen's rushing attack consist-



Photo courtesy of GoDutchmen.com

TOUCHDOWN TANTRUM Junior Ben Guiles scored all three touchdowns in the Dutchmen's 21-19 victory over King's College

ing of Panichi and Guiles sprang into action, bringing LVC down to the Monarch's 9-yard line. Unfortunately, Lebanon Valley's Caleb Fick '11 was picked off in the end zone to end the half. King's led at the half, 9-6.

The third quarter consisted of field goals for each team and strong defense on both sides; Brittany Ryan '11 hit the team's field goal from 24 yards out. The score would remain 12-9 in favor of the Monarchs until

the fourth quarter.

King's offense relied heavily on the passing game and just couldn't find it in the fourth, completing only two out of eight passes. However, LVC found themselves on the opposition's 14-yard line after a bad punt, and Guiles scored his second rushing TD of the game on the first play of the possession. Lebanon Valley College retook the lead, 15-12.

Huge sacks by seniors Zach Ble-

iler and Alex Gilchrist stopped King's College next control of the ball after just five plays. Guiles then took matters into his own hands, scoring his third touchdown of the game, giving Lebanon Valley College a late two-possession lead, 21-12. The Monarchs showed some sign of life by returning the ensuing kickoff back for a touchdown, but it just wasn't enough. LVC took home the conference win in a tight, back and forth game, 21-19.

Senior linebackers Gilchrist and Jason Gigous powered the defense with a total of 24 tackles. Fick ended the game with six completions on 18 attempts, 72 yards and one interception. The game was won as a team, but Guiles will still be the big man on campus this week, rushing for 269 yards and three TDs, moving him to third on the all-time rushing list.

The Dutchmen will look to win their third straight game next week at Arnold Field in Annville against MAC opponent Widener University at 1 p.m.

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SPORTS

Oktoberfest Weekend



LVC celebrated its Homecoming on October 16 at Arnold Field as the football team faced FDU-Florham, winning 33-21. The halftime show included the announcement of this year's Homecoming King and Queen, Patrick Barry '11 and Sherae Jones '11.

Photos courtesy of Emily Gertenbach '11 and Sherae Jones '11.



October 16, 2010